

# *Bluebird Swirl*

## *“The Missouri Look”*



### **Men**

Royal Blue Western Shirt  
With White Piping Trim

Back Of Shirt  
Red Braid Under White Piping  
With center Loop  
Around  
6 Inch Bluebird Motif

Red Tie / Scarf - Black Pants

### **Women**

White Peasant Blouse

With Double Ruffles At Neck And Sleeves  
Top Neck Ruffle And Bottom Sleeve Ruffle Trimmed With 5/8 Inch Red Ribbon  
And 1/4 Inch Gold Ribbon  
Bottom Neck Ruffle And Top Sleeve Ruffle  
Trimmed With 5/8 Inch Royal Blue Ribbon  
And 1/4 Inch Gold Ribbon

Three Tiered Short / Long Skirt

First Tier.....Red  
5/8 Inch Royal Blue Ribbon At Bottom  
Second Tier.....White  
6 Inch Bluebird Motifs  
Encircled In Loops Of Red Braid Trim  
1/4 Inch Gold Ribbon At Bottom  
Third Tier.....Royal Blue  
3/8 Inch Red Ribbon  
And 1/4 Inch Gold Ribbon At Bottom  
Red: Petticoat - Petti Pants - Shoes

## << INFORMATION FOR MAKING A BLUEBIRD SWIRL OUTFIT >>

### What You Need . . . .

Bluebird Kit..... 11 Bluebird Motifs / kit.... Order From State Federation..... @ \$4.50 / Set  
Order From: Carol and Stanley Forste,  
2737 North Washington,  
Springfield, Missouri 65803-3562  
417.869.7889

#### **Fabric and Trim . . Can Be found at WalMart**

Broadcloth.....White..... @ \$1.87 / Yard  
Broadcloth.....Real Red..... @ \$1.87 / Yard  
Scrub-Up Solids.....Royal Blue..... @ \$1.87 / Yard  
5/8 inch Satin Ribbon.....Red & Royal Blue..... @ \$0.34 / yard  
¼ inch Offray Ribbon.....Gold..... @ \$0.83/5 Yards (Craft Department)  
Needloft Craft Cord.....Red..... @ \$0.96/10 Yards (Craft Department)..... For 5 Widths In Tier, Get 3 Of

These!!

Wrights Maxi Piping..... White..... @ \$1.24/2 ½ Yards. Need Only 1 Package

**Bonding Material** To Secure Bluebirds to Fabric.....Two Are Suggested.....Both Are Easy To Work With And Stay Soft While Washing Well

1. Heat-n -Bond Lite - by Therm O Web  
Iron On Adhesive..... 17 inches wide ..... @ \$2.30/yard . . . . For 11 Bluebird Motifs, Need ¼ Yard

Buy At Most Fabric / Quilt Shops - Also WalMart..... 17 Inches Wide x 5.25 Yards Long....@ \$5.00 / Package

Can Be Ordered From.....Buttons & Thread  
115 North Main Avenue  
Bolivar, Missouri 65613-1517  
417.777.6510  
Dedia Marshale / Owner

2. Lite Steam-A-Seam 2  
Adhesive & Repositionable  
Permanent Bond After Ironed.....9 Inch x 12 Inch Sheets @ 5 Sheets / Package.....@ \$3.99 / Package

Can be purchased from: Joann's Fabric Shops And Some Fabric / Quilt Shops

**Man's Royal Blue Western Shirt**.....Can Be Purchased And / Or Ordered From The Following Resources

1. Designs For Dancers..... Malco-Modes.. \$38.00  
Lee's Summit, Missouri  
(9AM to 6PM)
2. L & M Clothing Factory Outlet..... Mesquite..... \$35.00  
Lebanon, Missouri  
417.588.4316
3. B J'S Square Dance Apparel.....Ely.....\$35.00  
North Carolina  
919.563.4532

#### **Blouse Pattern**

Ruffles Can Be Added To ANY Gathered Neck / Sleeve Pattern. Some Of This Type Can Be Found In The Costume Section Of Pattern Books, Also Pajama Top Patterns !!!

Peasant Blouse Pattern.....Available To Order  
C & C Original Patterns..... Pattern #118. \$ 7.00  
Blouse - Elastic Neck And Sleeves  
If You Are On A Border Line Size, Go To The Larger Size - The Patterns Tend To Run Small

Petti Pants Unlimited Catalog..... Orders: 800.608.3170

## ....Formula's For What You Need To Know To Figure ....

1. Length And Width Of Skirt Tiers.....Short And Long
2. Ruffles For Peasant Blouse
3. How To Figure The Amounts You Need For Fabric And Trim

Easy Hint..... You Need To Figure The Skirt Length And Fullness **BEFORE** You Can Figure Yardage For Fabric And Trim Amounts.

### Skirts.....Short And Long. . . .

#### Formula For Length Of Short Skirt Tiers

Desired Skirt Length. Divide By 3

Example: 21 ½ Inch Skirt Length, Divide 21 ½ By 3 = 7 Inches – 7 Inches – 7 ½ Inches

**IMPORTANT..** ..Middle Tier Needs To Be At Least 7 Inches Long To Accommodate Bluebird Motifs

Example: 19 Inch Skirt Length, Divide 19 by 3 = 6" – 7" – 6"

**REMEMBER** . . You Must Add ½ Inch To Top / Bottom Of Tiers For Seam Allowances

#### Formula For Width Of Short Skirt Tiers

Number of widths of fabric in each tier is per individual desire.

A Full Skirt Uses 10 Bluebirds (11 With 1 Left For The Shirt)  
Top Tier.....2 Widths (90 Inches)  
Middle Tier..... 5 Widths (225 Inches)  
Bottom Tier....6 Widths of 60 Inch Fabric ( 360 Inches)

**REMEMBER** . . You Must Add ½ Inch To Top / Bottom Of Tiers For Seam Allowances

#### Formula For The Length Of Long Skirt Tiers

Desired Skirt Length ... Divide By 3

Example: 34 ½ Inch Skirt Length, Divide 34 ½ By 3 = 11 ½ Inches – 11 ½ Inches – 11 ½ Inches

Middle Tier.....Use This Figure Obtained As Your Middle Tier Measurement For length

**IMPORTANT..** ..Middle Tier Needs To Be At Least 7 Inches Long To Accommodate Bluebird Motifs

Top Tier..... Subtract 2 Inches From Figure Obtained

Bottom Tier..... Add 2 Inches To Figure Obtained And / Or Remaining Amount You Needed

Example of Desired Length Of Skirt  
Top Tier.....11 ½ Inches Subtract 2 Inches = 9 ½ Inches  
Middle Tier 11 ½ inches  
Top Tier.....11 ½ inches add 2 inches = 13 ½ inches }

**REMEMBER** . . You Must Add ½ Inch To Top / Bottom Of Tiers For Seam Allowances

#### Formula For Width Of Long Skirt Tiers

Number of widths of fabric in each tier is per individual desire.

A Full Skirt Uses 10 Bluebirds (11 With 1 Left For The Shirt)  
Top Tier.....2 Widths (90 Inches)  
Middle Tier..... 5 Widths (225 Inches)  
Bottom Tier....5 Widths of 60 Inch Fabric ( 300 Inches)

**REMEMBER** . . You Must Add ½ Inch To Top / Bottom Of Tiers For Seam Allowances

## Peasant Blouse . . . .

### Measurements For Blouse Ruffles - Length

**Neck Ruffles...** Top Ruffle..... Finished Size. 5 inches  
Cut..... 6 inches

Under Ruffle... Finished Size.. 7 Inches  
Cut..... 8 inches  
Amount of under ruffle showing below top ruffle - 2 inches

**Sleeve Ruffles....** Top Ruffle..... Finished Size.....2 ¼ Inches  
Cut.....3 ¼ inches

Add on sleeve pattern below bottom of the elastic casing line

Under Ruffle... Finished Size.....4 ½ inches  
Cut.....5 ¼ inches  
Amount of under ruffle showing below top ruffle -1 ¼ inches

### Measurements For Blouse Ruffles - Width

Neck Ruffles Width Will Be The Same Measurement As The Ungathered Neckline For The Blouse Pattern  
Sleeve Ruffles Width Will Be The Same Measurement As The Bottom Of The Sleeve Pattern

## Fabric / Trim Amounts ??? . . . How To Figure . . . .

Formula To Figure Skirt Fabric... **Length Of Tier Plus Seams Times Number Of Widths In Tier = Amount Of Fabric Needed**

Example: 5 ½ Inches + 1 Inch (2 – ½ Inch Seams) x 4 Widths = 22 Inches (¾ Yard / 27 Inches)

Formula To Figure Skirt Trim..... **Number Of Inches Used In Tier Width Divide By 36 Inches (1 Yard) = Amount Of Trim Needed**

Example: 2 Widths At 45 Inches = 90 Inches Divided By 36 Inches = 2 ½ Yards

NOTE THAT: ¼ Inch Gold Ribbon Is Used On Both Middle Tier And Bottom Tier So Must Add These Amounts For Total Yardage Needed On Skirt.

Formula To Figure Peasant Blouse Fabric..... Medium Size Blouse..... 3 Yards  
Other Sizes..... Check Pattern, And Add For Neck / Sleeve Ruffles, As Above

Formula To Figure Peasant Blouse Trim..... For **EACH** Trim..... Add Width Of Ruffles Trim Is Used On = Amount Of Trim Needed

## ...FIGURE FABRIC AMOUNTS FOR **YOUR** SIZE....

Note: These Sample Amounts Are Presented For

1. Medium Blouse
2. 21 ½ Inch Short Skirt
3. 34 ½ Inch Long Skirt

### Medium Blouse.....

Fabric..... White..... 3 Yards	Trim..... 5/8 Inch Satin Ribbon / Red..... 4 yards
	5/8 Inch Satin Ribbon / Royal Blue..... 4 yards
	¼ Inch Bold Ribbon..... 8 yards

### Skirt. . . Short & Long.....

	Short 21 ½ Inch (7" – 7" – 7 ½")	Long 34 ½ Inch (9 ½" – 11 ½" – 13 ½")
Fabric..... Top Tier / Red..... 2 Widths + Waistband.....	¾ Yards.....	1 Yard.....
Middle Tier / White..... 5 Widths.....	1 ¼ Yards.....	2 Yards.....
Bottom Tier / Royal Blue..... 5 Widths.....	1 ¼ Yards.....	1 ½ Yards (60 Inch Fabric)
Trim..... Ribbon.....	5/8 Inch Red Satin..... 8 ½ Yards.....	8 ½ Yards.....
	5/8 Inch Royal Blue Satin..... 1 ½ Yards.....	1 ½ Yards.....
	¼ Inch Gold..... 10 Yards.....	10 Yards.....
Braid.....	Red..... 3 packages.....	3 packages.....

## **WARNING . . . You May Want To Colorfast Fabrics To Set Colors, Red Tends To Run !!!!**

Before Cutting    Suggest: Separately Soak Each Fabric In 1 Cup Vinegar And ½ Cup Table Salt In Sink Of Water

After Made        Suggest: Use Dye-Trapping Sheet In Wash Each Time Outfit Is Laundered

## .....Helpful Hints / Instructions For Putting It All Together.....

### Skirt.....3 Tired Short / Long Skirt With Elastic Waistband.....

Prepare Bluebird Motifs.....**DO NOT Use A Hot Iron On Bluebird Motifs** - They Will Smear - They Will Also Print Off On Your Ironing Board Cover

Heat-N-Bond Lite

1. Use Strip Of 3 Bluebird Motifs Without Cutting Them Apart
2. With Iron At Silk Setting, Fuse Heat-N-Bond Lite, Paper Side Up, To Wrong Side Of Bluebird Motifs Following The Manufacturer's Instruction. If You Are Using 'Lite Steam-A-Seam 2', Follow Manufacturers Instruction
3. Allow To Cool
4. Mark Centers At Top And Bottom Of Bluebird Motifs
5. Cut Out The Bluebird Motifs, Outside The Black Circle Outline. DO NOT Cut The Black Line Off. This Will Be The Sew Line For The Trim Placement. So Cut Right Against The Line, But Not On It!!!

#### Skirt Tiers With Placement Of Trim

Top Tier (Red)

1. Join / Sew Sections Together. Serge / Hem Top And Bottom Edges
2. Sew A Basting Stitch On Seam Line Around The Bottom Edge. This Will Be The Guide Line For The Placement Of The Royal Blue Ribbon
3. Sew 5/8 Inch Royal Blue Satin Ribbon At The Bottom Of The Tier Along The Top Edge Of The Basting Stitches

Middle Tier (White)

1. Join / Sew Sections Together. Serge / Hem The Top And Bottom Edges
2. Sew A Basting Stitch On The Seam Line Around The Bottom Edge. This Will Be The Guide Line For The Placement Of The Gold Ribbon
3. Sew A Second Basting Stitch 5/8 Inch Above The First Basting Stitch. This Will Be The Guide Line For Sewing On The Red Braid
4. Sew A 1/4 Inch Gold Ribbon At The Bottom Of The Tier Along The Top Edge Of The First Basting Stitches (Seam Line)
5. Bluebird Motif Placement
  - A. One Motif Goes On Each Seam Line And Another Goes Halfway Between The Seam Lines (The Middle Of Each Section). The Center Of The Motifs Will Be 20 1/2 Inches Apart
  - B. The Motifs Should Be Placed 1/2 Inch ABOVE The Top Of 1/4 Inch Gold Ribbon
  - C. Use The Center Marks On The Motifs To Keep The Bluebirds Straight. Iron / Attach As Per Bonding Material Instructions
6. Placement of Red Braid
  - A. Two Rows Of Red Braid Are Used To Encircle The Bluebird Motifs
  - B. Start The Red Braid At The Bottom Center Of One Motif. Sew The First Row Of Braid OVER The Black Circle Line. Encircle The Motif And CROSS At The Center Bottom Of The Motif (Where It Started), Which Will Be 3/8" Above The Gold Ribbon
  - C. Continue Sewing The Red Braid 3/8 Inch Above The 1/4 Inch Gold Ribbon (On The Second Basting Line Stitched Earlier) To The Center Of The Next Bluebird Motif. Repeat This Process Around The Entire Middle Tier
  - D. When You Are Back At The First Bluebird Motif, Center Bottom. Cross The Braid OVER To INSIDE Of The First Row Of Braid. Sew It Snug Against The First Row Of The Braid Thus Starting The Second Row Of Braid
  - E. Encircle Inside The Motif And Cross At The Bottom, Keeping The Braid ABOVE The First Row, On The Straight Section
  - F. Continue The Process Around The Entire Middle Tier. Remember, Sew The Second Row Inside Of The First Row On The INSIDE Of The Bluebird Motifs, And ABOVE The First Row On The Straight Sections!!!

Bottom Tier (Royal Blue)

1. Join / Sew The Sections Together. Serge / Hem The Top And Bottom Edges
2. Sew The 5/8 Inch Red Satin Ribbon At The Bottom Edge Against The Serge Edge
3. Sew The 1/4 Inch Gold Ribbon 3/8 Inch Above The Top Edge Of The Red Satin Ribbon. The PICTURE DOES NOT SHOW THIS!!!

Now

1. Run Gathering Threads On Each Tier
2. Join The Tiers
2. Add The Waistband
3. Add The Elastic

Waistband

1. For a waistband, 1 1/4 inch width finished, cut A Strip Of red fabric, 3 5/8 inches wide x 47 inches long
2. When sewing tiers together, Sew With The Flat Tier (Ungathered) On The Top, So You Can Sew ON The Basting Stitched Seam Line. (This Keeps The Ribbon From Being Caught In The Seam)

## [Blouse.....Peasant Blouse With Double Neck And Sleeve Ruffles...](#)

### Neck Ruffles with The Placement Of Trim

- |              |                                                                                                                                                                                                                                                                                                                              |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Top Ruffle   | <ol style="list-style-type: none"><li>1. Join / Sew Sections Of The Neck Ruffle Together. Serge / Hem Top And Bottom Edges</li><li>2. Sew The 5/8 Inch Red Satin Ribbon At The Bottom Edge Of The Ruffle Against The Serging</li><li>3. Sew The ¼ Inch Gold Ribbon At The Top Edge Of The Red Ribbon</li></ol>               |
| Under Ruffle | <ol style="list-style-type: none"><li>1. Join / Sew The Sections Of The Neck Ruffle Together. Serge / Hem Top And Bottom Edges</li><li>2. Sew The 5/8 Inch Royal Blue Satin Ribbon At The Bottom Edge Of The Ruffle Against Serging</li><li>3. Sew The ¼ Inch Gold Ribbon At The Top Edge Of The Royal Blue Ribbon</li></ol> |

### Sleeve Ruffles With The Placement Of Trim

- |                                                    |                                                                                                                                                                                                                                                                                                                       |
|----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Top Ruffle (Which Is The Bottom Section Of Sleeve) | <ol style="list-style-type: none"><li>1. Join / Sew Sleeve Seam Together. Serge / Hem The Bottom Edge</li><li>2. Sew The 5/8 Inch Royal Blue Satin Ribbon At The Bottom Edge Against The Serging</li><li>3. Sew The ¼ Inch Gold Ribbon At The Top Edge Of The Royal Blue Ribbon</li></ol>                             |
| Under Ruffle                                       | <ol style="list-style-type: none"><li>1. Join / Sew The Sections Of The Sleeve Ruffle Together. Serge / Hem The Bottom Edge</li><li>2. Sew The 5/8 Inch Red Satin Ribbon At The Bottom Edge O The Ruffle, Against The Serging</li><li>3. Sew The ¼ Inch Gold Ribbon At The Top Edge Of The Red Satin Ribbon</li></ol> |

### How To Attach The Under Ruffle To The Sleeve Unit

1. Pin The Under Ruffle RIGHT Side To WRONG Side Of The Sleeve Unit, With 1 ¾ Inches Of The Under Ruffle Showing Below The Sleeve Unit
2. Sew Together 1 Inch Below The Top Of The Under Ruffle
3. Turn ½ Inch Of The 1 Inch In To Form The Elastic Casing And Sew It To The Sleeve Unit. (Leave The Opening To Insert Elastic)

### Now

1. Sew The Blouse Together
2. Run The Elastic

## [Shirt . . . . Royal Blue Western . . Bluebird Motif / White Piping / Red Braid On Back...](#)

### Back Of Shirt - Ready-made

1. On The Back Sleeve Seam, Where The Bottom Of The Yoke Ends, Rip Out Approximately 1 Inch Of Stitching Of The Seam, Both Sleeves
2. Slip The End Of The White Piping Into This Open Seam With The Piping Against The Bottom Of The Yoke And The Seam (Bottom) Section Of The Piping Toward The Bottom Of The Shirt
3. Cut Off The Bottom Of The Piping Close To The Stitching
4. Center A Cut-Out Bluebird Motif 1/8 Inch Below The White Piping On The Center Of The Back Of The Shirt. Attach Per Instructions Of The Bonding Material Preferred
5. Slip The End Of The Red Braid Into The Sleeve Seam Opening
  - A. Use Fabric Stick Glue To Hold It In Place
  - B. Let It Dry.
  - C. Sew Against The Bottom Edge Of The White Piping (Over The Cut Edge)
6. When You Reach The Top Center Of The Bluebird Motif, Cross Over And Sew The Braid On The Black Line.
  - A. Encircle The Motif And CROSS At The Center Top.
  - B. Continue Against The Bottom Edge Of The White Piping Once Again, Using The Fabric Glue Stick To Hold It In Place.
  - C. Let It dry.
  - D. Sew It In Place
7. Add The Second Row Of Braid UNDER The First Row, On The Sections UNDER The Piping And INSIDE of The Row Around The Bluebird Motif
8. Sew The 1 Inch Opening Of The Sleeve Seams Closed After The Red Braid Is Attached

I Hope That The Information Included Here Will Be Helpful When You Are Making The "Bluebird Swirl", "The Missouri Look".!!!